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The endothelial thrombomodulin protein C system mediates nephroprotection *via* inhibition of mitochondrial apoptosis in glomerular cells

Geboren am 10-07-1977 in Cuddapah Diplom der Fachrichtung Virologie am 2001 an der Sri Venkateswara University

Promotionsfach: Innere Medizin Doktorvater: PD. Dr. Berend Isermann

Thrombomodulin (Thbd) dependent protein C (PC) activation on endothelial cells exerts anti-coagulant, anti-inflammatory and anti-apoptotic activities. It has been shown that endothelial thrombomodulin protein system is impaired in diabetic individuals, as shown by increased levels of soluble thrombomodulin and decreased levels of activated protein C (APC). To determine whether impaired Thbd-dependent PC activation is mechanistically linked with endothelial and glomerular capillary dysfunction we employed mice with genetically altered levels of APC. Wild-type (Wt) mice, mice with a loss of Thbd-dependent PC-activation (Thbd^{Pro/Pro}), and mice with a gain of function mutation (APC^{high}) were maintained diabetic for 6 months. Markers of diabetic nephropathy were determined and tissue samples were collected for morphological and *ex vivo* expression studies. Supplementary *in vitro* experiments were performed with endothelial cells, podocytes and mesangial cells.

Compared to Wt mice, diabetic nephropathy was appravated in Thbd^{Pro/Pro} mice, while APC^{high} mice were protected. Glomerular apoptosis and depletion of podocytes was markedly increased in diabetic Wt and Thbd^{Pro/Pro} mice where as diabetic APC^{high} mice were protected. APC modulates both mitochondrial and endoplasmic reticulum stress mediated apoptosis in vivo. In addition we provide an independent evidence for the first time that inhibition of apoptosis is sufficient to protect against diabetic nephropathy. APC protected endothelial cells; podocytes from hyperglycemia and puromycin induced apoptosis, but had no anti-apoptotic effect in mesangial cells in vitro. The cytoprotective effects of APC in endothelial cells are mediated via EPCR/PAR-1 where as in podocytes it requires PAR-3. In conclusion, our data link endothelial dysfunction and a loss of Thbd-dependent PC-activation with a loss of podocyte. This implies the existence of a cross talk between vascular system and podocytes, which is crucially involved in modulating diabetic nephropathy.