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Quantification of glomerular number and size using MRI at 9.4 and 3 Tesla as a viable alternative to stereology

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The analysis of glomerular numbers (N_{alom}) and sizes is essential for the accurate study of kidney diseases. The gold-standard for this analysis is stereology which is based on the physical segmentation of the kidney. Stereology is incompatible by design with longitudinal studies whereas MRI-based methods could potentially be employed for longitudinal studies. However, long scanning times reduce the efficiency and throughput of the method and restrict the applicability to ex vivo studies. In this work, an efficient method to quantify glomeruli and assess their sizes in ex vivo mouse kidneys at 9.4 T was developed. The method used a scan time of 33 minutes. Thus, it achieved a ca. 8.7-fold time reduction in comparison to the quickest previously reported method (based on rat kidneys and scan times of 4:46 hours). Validation was performed by comparison to the gold-standard with the same kidneys (N = 9). N_{glom} found were: MRI = 15 606 ± 1 178 and stereology = 16 273 ± 1 523 (mean ± SD). The difference accounted for less than 4 %. A variation of the method was used to study hyperfiltration in a disease model with 33 kidneys. Out of this total, 24 kidneys were validated with stereology and a difference of less than 400 glomeruli was found (N = 24, N_{glom}: 13 480 ± 1 841 MRI and 13 090 \pm 1 863 stereology). The quickest scan achieved that allowed the quantification was 15 minutes (~19-fold reduction compared to the rat kidneys study). At 3 T, the feasibility to image glomeruli was proven using rat kidneys but quantification was not achieved. However, qualitative imaging showing accumulation of CF in the glomeruli was achieved in ~5 minutes. In conclusion, an efficient pre-clinical tool to study glomeruli was developed. Moreover, the methods presented here are a step forward to quantify glomeruli in vivo which could be used for longitudinal studies. These tools are expected to aid the early diagnosis of kidney injury and possibly prevent chronic kidney disease.